## YES, AND... EXERCISE!

It's a well-known, yet poorly understood phenomenon: some people with Parkinson's disease (PD) develop a creative ability they never manifested prior to their diagnosis.

Here are a few links that help color in their stories:

Web MD
Jan Sargeant
Enrique Flores-Galbis
Ingrid Hauff

We will be featuring several artists with PD as part of a non-profit fundraising effort with the Yes And, eXercise! Festival in San Jose. We will begin featuring these artists on the Daily Dose of Dopamine so they can share their stories. The bidding for their work will begin before the festival begins on April 19, 2023.

Please contact Robert with any questions: <a href="mailto:vesandexercise@gmail.com">vesandexercise@gmail.com</a>